	MEETING NOTES
Committee	Utah Prevention Advisory Council (UPAC)
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Date	Wednesday, May 28, 2008 PREVENTION
Time	11:00 a.m. – 1:00 p.m.
Location	State Capitol Complex East Building – Olmsted Room
Members	Verne Larsen, Brenda Ahlemann, Heather Anderson, Jerry Bond, Susannah
Present	Burt (for Craig PoVey), Anne Freimuth, Dr. Steve Harrison, Noreen Heid,
	Peggy Hill, Erin Johnson, Helen Knipe (for Teri Pectol), Tibby Milne, Doug Murakami, Sheila Page (for Ray Hintze), Abbie Paxman (for Barbara Sullivan),
	Amy Sands, Julie Spindler, Doug Thomas, Rob Timmerman, Abbie Vianes,
	Elaine Williams
Members	Marie Christman, Stacy Eddings, Ed Ho, Jeff Smart, Charlotte Vincent, Ray
Excused	Wahl
Guests	Fotu Katoa
Staff	Mary Lou Emerson
Agenda Item	Call to Order
Notes	Welcome and Introductions
	Verne Larsen called the meeting to order and welcomed everyone. Each
	attendee introduced her/himself.
	Approval of Meeting Notes of March 26, 2008
	<b>Motion:</b> Anne Freimuth made a motion to approve the meeting notes of the
	March 26, 2008 meeting. The motion was seconded by Doug Thomas and
	passed unanimously.
Agenda Item	Agency Prevention Report:
Notes	Elaine Williams, Community Coordinator for the Brigham City Youth
110163	Empowerment Team, explained the history behind the creation of the Team,
	which included several tragedies experienced by their mayor (loss of three
	daughters, two in a car accident and one to meningitis). Challenges they faced
	included convincing the community they should be involved in social issues,
	and how to show the efforts were having an impact.
	The mayor was approached by the University of Washington regarding
	participation in the Community Youth Empowerment Study involving
	community mobilization with the Communities That Care Program (CTC).
	Elaine explained the CTC model focuses on adoption of a science-based
	prevention framework, collaboration on prevention issues, and implementation
	of effective prevention programs with fidelity, which will lead to decreased risk,
	enhanced protection and positive youth outcomes.
	Elaine reviewed some of the outcomes they are experiencing as a result of
	their efforts, including the following: exposure to targeted risk factors is
	increasing less rapidly in the study/CTC group than in control communities,
	and significantly fewer CTC students have initiated ATOD use and delinquent
	behavior than the controls. Programs being implemented are the
	Strengthening Families Program and the Olweus Bullying Prevention Program.
	"Healthy young people make a stronger Brigham City."

## Strategic Prevention Framework State Incentive Grant (SPF-SIG) Agenda Item **Notes** Update on SPF-SIG Grant and State Outcomes Workgroup (SEOW): UPAC's Role Susannah Burt, Coordinator for Utah's SPF-SIG grant, provided an overview of the grant (copy of PowerPoint provided in meeting packet). She explained the grant includes a lifespan focus – both youth and adults, and that Utah's two priorities will be prescription drug overdoses and alcohol-related vehicle crashes. The SPF Epidemiological Profile is available on the Division of Substance Abuse and Mental Health (DSAMH) website at: http://www.dsamh.utah.gov/docs/seow final epi report 2007.pdf. With regard to UPAC's role in the SPF process, Susannah proposed the Council serve as a steering/advisory committee. If the Council or its individual members have ideas relevant to SPF implementation, they should contact Susannah Burt at (801) 538-4388 or sburt@utah.gov. Agenda Item ParentsEmpowered Update Verne Larsen explained the UPAC Executive Committee has determined that **Notes** an update on the ParentsEmpowered Underage Drinking Prevention Campaign will be a standing agenda item for future UPAC meetings. Doug PARENTS Murakami distributed a "SimplifiedStudy" report on the campaign and updated the Council about current campaign activities. He said they are currently working on the focus of upcoming TV ads, which will include the importance of setting clear rules regarding alcohol use. Agenda Item **Utah Strategic Substance Abuse Prevention Plan Utah Prevention Guiding Principles Notes** Verne Larsen briefly reviewed the five Guiding Principles established for Utah's prevention programs. Two versions of the Guiding Principles – a handout and a pamphlet format – were included in the meeting materials. Both are available on the DSAMH's website at: http://www.dsamh.utah.gov/docs/prevention\_guidelines\_2.pdf (handout) http://www.dsamh.utah.gov/docs/guiding principles 2.pdf (pamphlet). Reports from Goals Workgroups Doug Murakami reported on the Goal #4 Workgroup, which is currently focusing on developing a Social Host Law for Utah. The workgroup is looking at penalizing individuals who provide alcohol for underage youth, via civil penalties (vs. criminal). They are currently analyzing what other communities and states have done in this area. The workgroup will likely meet every two weeks, as well as prior to the next UPAC meeting. The other three Goal Workgroups did not work well today, as many members did not attend the meetings scheduled immediately prior to the UPAC meeting. Verne asked for input regarding how to improve this situation. Anne Freimuth, a member of the Goal #3 Workgroup, suggested they may begin to compile a list of evidence-based programs being implemented. Elaine suggested Group #4 may be working better because they have a very clearly defined task, and proposed specific tasks be identified for the other workgroups. The Executive Committee will work on this and disseminate ideas

to the Council.

	The next UPAC meeting is scheduled for July 30 <sup>th</sup> ; the workgroup meetings will be scheduled for ½ hour prior to the UPAC meeting.
Agenda Item	Other Business
Notes	Agency Prevention Report for July 30 <sup>th</sup> Meeting Bach Harrison will provide the agency presentation at the July 30 <sup>th</sup> meeting.  Review March 26, 2008 Meeting Evaluations The meeting evaluations from the March meeting were provided for UPAC members.
Next Meeting	Wednesday, July 30, 2008, 11:00 a.m.–1:00 p.m., State Capitol Complex East Building – Olmsted Room

<u>Note</u>: Copies of meeting materials are available upon request by contacting Mary Lou Emerson, USAAV Council Director, at (801) 538-1921 or memerson@utah.gov.